



NIAGEN IV INFUSION

Branded name for Nicotinamide Riboside (NR). Niagen is the brand name for **Nicotinamide Riboside (NR)**, a form of vitamin B3 that serves as a precursor to **NAD+ (Nicotinamide Adenine Dinucleotide)**, a molecule essential for energy production, DNA repair, and many other cellular processes. Niagen enters your cell and helps your body to produce NAD+ naturally. Niagen helps replenish those NAD+ levels allowing your cells to function more like they did when you were younger.

Infusion Time: 30 – 45 mins

Benefits of Niagen

- **Lasting Energy, Without the Crash**

By replenishing NAD+, Niagen helps revitalize your body's natural energy systems at the cellular level—without relying on caffeine or sugar. That means sustained energy throughout the day with fewer crashes.

- **Sharper Focus & Mental Clarity**

NAD+ is essential for healthy brain function. Many clients report improved cognitive performance, reduced brain fog, and better mood after consistent use of Niagen therapy.

- **Healthier Skin from Within**

Cellular health shows up in your complexion. Niagen helps promote collagen synthesis, cell repair, and hydration—leaving you with a brighter, more youthful appearance.

- **Supports DNA Repair & Healthy Aging**

Niagen activates enzymes that help repair DNA and defend against oxidative stress, supporting healthy aging and reducing the wear-and-tear associated with daily life.

- **Boosts Metabolism & Fat Processing**

NAD+ also plays a key role in metabolic regulation. Niagen may support better glucose control, fat metabolism, and weight maintenance over time.



How Does Niagen Work?

Once ingested or infused, Niagen is converted into NAD⁺ inside your cells. NAD⁺ is the fuel behind your mitochondria—the “batteries” of your cells—and supports everything from cognitive function to skin cell renewal. Unlike traditional vitamin B3 (niacin), Niagen bypasses the steps that typically lead to uncomfortable side effects like flushing. It’s also more stable and bioavailable than other NAD⁺ precursors like NMN. In clinical studies, Niagen has been shown to increase NAD⁺ levels by up to 150% in just weeks.

Is Niagen Safe?

Yes. Niagen is Generally Recognized as Safe (GRAS) by the FDA and has been used safely in numerous human studies. It is free from caffeine, gluten, dairy, and artificial colors. Side effects are rare and typically mild (e.g., slight nausea or flushing at very high doses).

Niagen (nicotinamide riboside, a form of vitamin B3) is generally well tolerated with few reported side effects.

Common Mild Symptoms

- Mild jaw pain
- Tingling sensation in the mouth or extremities
- Temporary gastrointestinal upset
- Headaches
- Fatigue or mild flushing
- Higher doses or intravenous (IV) delivery can sometimes cause tingling, nausea, or dizziness



Who Can Take Niagen IV Infusion

- **Adults aged 18 years and older:** Experiencing decline in cellular energy and metabolic function.
- **Fitness enthusiasts and athletes:** Looking to support post-workout muscle recovery and cellular repair.
- **Individuals seeking wellness support:** Wanting an alternative to traditional direct NAD⁺ IVs, which often cause harsh flushing or chest tightness.

Who Cannot (or Should Avoid) Taking Niagen IV Infusion

- **Pregnant or Breastfeeding women:** Due to a lack of robust safety clinical data for this group.
- **Children and minors:** Safety and dosing are not established for anyone under 18.
- **People with severe organ disease:** Those suffering from advanced liver or kidney dysfunction that alters drug clearance.
- **Individuals with acute or unstable medical issues:** Patients facing active malignancies, unstable heart conditions, or severe hypotension.